



Psalm 23: 5

Thou preparest a table before me in the presence of mine enemies:  
thou anointest my head with oil; my cup runneth over.

**Jesus Christ is the Good S\_\_\_\_\_**

4 Yea, [even] though I walk through the valley of the shadow of death,  
I will fear no evil:

**Everything God does is good for \_\_\_\_\_...but for His \_\_\_\_\_.**

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Thou preparest a table before me in the presence of mine enemies:  
thou anointest my head with oil; my cup runneth over.

**God is \_\_\_\_\_ us.**

**The Good Shepherd has prepared a table for us.**

**The Enemy wants a \_\_\_\_\_ at the table.**

**How Do Know When the Enemy is Seated at Your Table?**

1. **You are thinking about \_\_\_\_\_ tables.**

2. **You are thinking, “I’m not going to \_\_\_\_\_ it.”**

3. **You are routinely thinking, “I’m not good enough.”**

4. **“ \_\_\_\_\_ is against me.”**

**How Do I Change This Pattern**

A. \_\_\_\_\_ the Enemy from sitting at your table.

B. Change your \_\_\_\_\_.

C. \_\_\_\_\_ the lie(s) that is holding you in bondage.

D. \_\_\_\_\_ it down; and its consequences.

E. **Replace the lie(s) with the \_\_\_\_\_.**

**Quote: The Enemy wants to define you by your scars;  
Jesus wants to define you by His scars.**

**Actions Steps**

1. Take time to reflectively pray David’s prayer in Psalm 51, for a fresh start, a new heart, and right spirit.
2. What are some of the ways the enemy invites himself to sit at your table? What are some of the lies he repeatedly tries to plant in your mind?
3. How has past failures shaped your current identity?
4. How often do you find yourself comparing your life to others? How has this worked out for you?
5. Which of the enemy’s tactics trip you up the most?