

# Outside Looking In: The Fruit of Peace

Sunday, Feb 6, 2022

10 A.M.

In Person and Live  
Stream

Pastor Mark Akers



## I. Why does it seem like there is never a moment of \_\_\_\_\_?

2 Chronicles 15:5 *And in those times there was no peace to the one who went out, nor to the one who came in, but great turmoil was on all the inhabitants of the lands.*

A. The pace of life steals our peace.

1. Life keeps \_\_\_\_\_.

Daniel 7:25 *And he shall speak great words against the most High, and shall wear out the saints of the most High, and think to change times and laws: and they shall be given into his hand until a time and times and the dividing of time.*

2. Life demands more than we have \_\_\_\_\_ to give.

B. The \_\_\_\_\_ of life steal our peace.

John 14:27 *Peace I leave with you, My peace I give to you; not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid.*

1. The pressures brought on by progress.

2. The pressures of choice overload.

C. The \_\_\_\_\_ of life steal our peace.

John 16:33 *These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world.*

1. The \_\_\_\_\_ complicates our plans.

2. The problems we are \_\_\_\_\_ for destroy our schedules.

## II. How do we have peace when things aren't \_\_\_\_\_?

Philippians 4:7 . . . and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.

A. Peace \_\_\_\_\_ when you know you're \_\_\_\_\_.

Philippians 4:1 *"Therefore, my beloved and longed-for brethren, my joy and crown, so stand fast in the Lord, beloved.)*

1. Love releases us from unrealistic expectations.

2. It releases us from performance-based acceptance.

3. It releases us from the need to conform.

B. Take time to \_\_\_\_\_ others.

Philippians 4:2-3 *I implore Euodia and I implore Syntyche to be of the same mind in the Lord. 3And I urge you also, true companion, help these women who labored with me in the gospel, with Clement also, and the rest of my fellow workers, whose names are in the Book of Life.*

1. You can't have peace if you are preoccupied with yourself.

2. Helping others puts our problems in focus.

C. Look beyond where you are.

Philippians 4:4 *Rejoice in the Lord always. Again I will say, rejoice!*

1. Joy sees beyond the moment.

2. When joy is based on the moment, depression becomes your best friend.

D. Talk to God \_\_\_\_\_.

Philippians 4:6 *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God.)*

**1. Peace is lost when life accumulates; therefore, you must pray about \_\_\_\_\_.**

**2. Peace is lost when your heart grows unthankful.**